

Understanding Team Dynamics

Course Overview

There are two roles that a team member plays within the project environment. One role is the part that they play to deliver the project product, service and the second is the role they play as a team member. This half-day course will help participants focus on the “soft skill” side of being a team member. The instructor will guide participants through a self-assessment instrument that focuses on the Relationship Awareness Theory® which looks at motivation and behavior under two conditions: when things are going well and when conflict arises. This self-awareness, as well as being able to identify motivations and behaviors in others, will aid participants in becoming more productive team members.

Key Outcomes

Upon completion of this course, participants will be able to:

- Gain a working knowledge of Relationship Awareness Theory
- Assess and validate your Motivational Value System, and recognize associated behaviors
- Assess other types of Motivational Value Systems
- Identify your conflict sequence
- Recognize conflict sequence for others

Course Outline

Relationship Awareness Theory and Strength Deployment Inventory®

- Gain a working knowledge of Relationship Awareness Theory
- Describe the difference between behavior, intent, and motivation

Motivational Value System

- Assess and validate your Motivational Value System
- Recognize other types of personality styles
- Identify the difference between valued, borrowed, and masked relating styles

Conflict Management

- Identify when personal strengths become weaknesses
- Assess your conflict sequence
- Identify behaviors under conditions of conflict
- Identify focus during conflict stages
- Recognize ways to approach people in different stages of conflict

At-a-Glance:

Course Length:
4 hours

Professional Development Units (PDUs): 4 (Leadership)

PMBOK® Guide Knowledge Areas Covered:

- Project Resource Management
- Project Communications Management
- Project Stakeholder Management

Delivery Options:

- Instructor-led Training (Delivered Onsite at Your Location)